

3-9 AUG 2026

DENTAL  
HEALTH  
WEEK 

MY  
SMILE. 

"I always wear a custom mouthguard made by my dentist - I'd hate to lose a tooth! I also drink water instead of sugary, acidic sports drinks."



For more information visit  
[dentalhealthweek.org.au](https://dentalhealthweek.org.au)

 **Teeth**  
.org.au

BROUGHT  
TO YOU BY

  
AUSTRALIAN DENTAL  
ASSOCIATION