

3-9 AUG 2026

DENTAL
HEALTH
WEEK 

MY
SMILE. 

"I always wear a custom mouthguard made by my dentist - I'd hate to lose a tooth! I also drink water instead of sugary, acidic sports drinks."



For more information visit
dentalhealthweek.org.au

 **Teeth**
.org.au

BROUGHT
TO YOU BY


AUSTRALIAN DENTAL
ASSOCIATION