

# Dental health

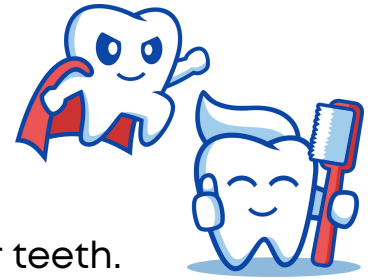
Fill in the blanks using the words found inside the teeth below

## What do dentists do?

Help people to \_\_\_\_\_ for their teeth.

\_\_\_\_\_ damaged and diseased teeth and gums.

Teach people how to \_\_\_\_\_ and \_\_\_\_\_ their teeth.



## To keep your teeth healthy, dentists recommend to:

- Brush for \_\_\_\_\_ minutes every \_\_\_\_\_ and night
- Clean \_\_\_\_\_ the teeth using floss every day
- Eat \_\_\_\_\_ or less teaspoons of added \_\_\_\_\_ per day
- Visit the \_\_\_\_\_ regularly

## Did you know...

Tooth \_\_\_\_\_ is the hardest substance in the human body.

The large teeth at the back of your mouth are called \_\_\_\_\_.

Adults have \_\_\_\_\_ teeth. The same number of teeth as giraffes.

\_\_\_\_\_ is a mineral added to drinking water that helps to protect and strengthen the teeth.

